

PRACTICE NEWSLETTER

Bradford on Avon & Melksham Health Partnership

Newsletter | October 2015 | Edition 35



Patient Participation group (PPG)

Date of the next PPG Meeting 8th December 2015

7pm at the Health Centre
BOA

All patients are welcome



Mulled wine and minced pies
will be served

Child flu vaccination



Is your child
2, 3 or 4 years old?

(Children who are eligible for the vaccination have their birthday on or after 01.09.10 or on or before 31.08.13)

OR

Is your child
in school years 1 and 2?

Children who are eligible for the vaccination have their birthday on or after 01.09.08 or on or before 31.08.10.

If so, they may be entitled to receive the flu vaccination (via a nasal spray up each nostril). Children of other ages with long term health conditions are already offered an annual flu vaccination (see list of conditions in the

Practice 'Topic of Focus'

In-house information awareness

Please see the updated monthly notice boards in our waiting rooms

Topic of Focus for August – Breast Cancer Awareness

Breast cancer is the most common cancer in England with around 41,200 women diagnosed each year. The older you are, the most likely you are to get it - one in three women who get breast cancer are aged 70 and over. If breast cancer is detected early, it is more treatable. Finding it early could save your life

For more information please visit www.nhs.uk/Livewell/Breastcancer

Topic of Focus September – Flu vaccinations

Flu symptoms can hit quite suddenly and severely. They usually include fever, chills, headaches and aching muscles. You can often get a cough and sore throat. Because flu is caused by a virus and not bacteria, antibiotics will not treat it.

Anyone can get flu, but it can be more serious for:

- people aged 65 or over
- people of any age with a serious medical condition

If you are in one of these two groups, you're more vulnerable to the effects of flu (even if you're fit and healthy) and could develop more serious illnesses, such as bronchitis and pneumonia, which could result in hospitalisation.

Please book your appointment now!

Please speak to the receptionist to check eligibility

For more information please visit www.boamhp.co.uk

Bradford on Avon Health Centre & St Damian's Flu clinics will be held on:

- Saturday 26th September BOAHC
- Saturday 10th October BOAHC
- Saturday 17th October BOAHC & St Damian's
- Saturday 7th November BOAHC

New Practice leaflets – available in the waiting rooms
Always updating and improving our services

- Maternity
- Directives/Living Will
- Prescriptions
- Ear Wax Prevention & Treatment
- Bereavement

Staff News

Ros Carlile, Clinical Nurse Manager, has announced her retirement from the Practice at from the end of November. Ros has thoroughly enjoyed leading an excellent innovative team of nurses at the Practice. Ros feels gracious for the friendship and memories that she can cherish forever.

Nathan Pitcher our IT Lead will be leaving the Practice in December to incorporate his IT skills and life long hobby – golf!

Steve Dunne-Howells will also be leaving the Practice in November to take on a well earned promotion inwith the Community Team .

GP Training Practice

As a GP training practice we are required to maintain high standards of care in order to train junior doctors (registrars).

The registrars are qualified doctors who, having chosen general practice as their career, receive relevant postgraduate training in hospital specialities and then spend time at our practice in order to hone their skills further.

Current Registers are:

Dr David Atkinson - Will be with us until August 2016

Dr Nick Ashley - Will be with us until August 2016

Current Doctors stage two are:

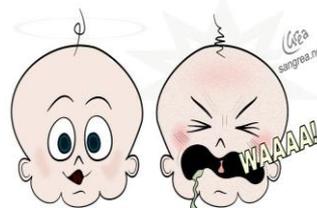
Dr Mike Stoddart - Will be with us until December 2015

New Men B vaccination

A new vaccine to prevent meningitis will be offered to babies as part of the routine NHS childhood vaccination programme from September 2015.

The Men B vaccine will be offered to babies aged 2 months, followed by a second dose at 4 months, and a booster at 12 months. There will also be a temporary catch-up programme for babies who are due their 3- and 4-month vaccinations in September 2015, to protect them when they are most at risk from infection.

The Men B vaccine will protect your baby against infection by meningococcal group B bacteria, which can cause meningitis and septicaemia (blood poisoning), which are serious and potentially fatal illnesses.



New Men ACWY Vaccination

Young teenagers, sixth formers and 'fresher' students going to university for the first time are now routinely offered a vaccination to prevent meningitis W disease.

The Men ACWY vaccine protects against four different causes of meningitis and septicaemia –meningococcal (Men) A, C, W and Y diseases.

All 17- and 18-year-olds in school year 13 and first-time university students up to the age of 25 are eligible for the Men ACWY vaccine as part of the NHS vaccination programme

For more information please visit Practice website

Bradford on Avon & District Flower Club



The surgery would like to thank the Bradford on Avon & District Flower Club for kindly creating and donating flowers on a regular basis for the waiting room at The Health Centre, BOA.