

# BRADFORD ON AVON LEG CLUB



Leg Clubs are an evidence-based initiative providing community-based treatment, health promotion, education and ongoing care for people in all age groups who are experiencing leg-related problems. Leg Club staff work in a unique partnership with patients (members) and the local community. Working to best-practice guidelines they provide a high standard of care in a social, friendly setting that promotes understanding, peer support and informed choice.

On February 6<sup>th</sup> 2014 the Bradford on Avon Leg Club opened its doors for the first time at Wiltshire Heights Care Home. Initially staff were treating around 15-20 patients (members per week). It soon became clear that the popularity of the Club meant that new premises were needed.

The GP Surgery and the local Council have worked together to identify St Margaret's Hall as a suitable venue which meets the exacting standards of The Leg Club Foundation in respect of infection control and health & safety requirements.

Bradford on Avon Leg Club meets once a week, usually on a Tuesday in St Margaret's Hall. No appointments are required and members can drop in to chat over a cup of tea or coffee whilst awaiting treatment. Transport can be arranged to and from the club, and parking is close by.

If you are registered at the Club you are automatically a member. Our excellent volunteers are also members.



## Summer

## Newsletter

There are no charges and membership is free. The Club is available to any adult registered with Bradford on Avon & Melksham Health Partnership.

Since moving to St Margaret's Hall the membership has grown to over 120 members with around 45-50 patients being treated each Tuesday morning.



We are very grateful to our wonderful volunteers for the refreshments and making our members so welcome. Thank you to Trish, Rachel and Anna.



St Margaret's Hall is a lovely space and we hope to add new services in the autumn, such as Podiatry and NHS Health Checks for Older People.



The Leg Club is a Charity and although the nurses and dressings are funded by the NHS, funds are needed for specialist equipment, leaflets, refreshments, posters, raffle prizes and other social events.

### A big thank you to.....

The Friends of Bradford on Avon  
Community Healthcare  
£12,000 Set-up and Committee

BoA Town Council - £1,000  
for new equipment

The Lions - £500  
for new equipment

Anonymous donation - £500



### Dates for your diary

- **2<sup>nd</sup> September**  
Arts project
- **30<sup>th</sup> September**  
Flu Vaccination
- **19<sup>th</sup> November 2pm - 3.30 pm**  
Annual General Meeting
- **9<sup>th</sup> December 1.00 pm - 3pm**  
Christmas Lunch  
*(more details to follow)*
- **11<sup>th</sup> February 2015**  
**2pm - 3.30 pm**  
1<sup>st</sup> Birthday Tea Party

To contact the Leg Club  
Lead Nurse:

Anna-Marie Ivory  
call 07703 139342



## HELP! MORE VOLENTEERS NEEDED

John Cottle, Chairman of The Friends of Bradford on Avon Community Healthcare and his colleagues, Barbara and Denise have kindly been providing an interim Committee for the Leg Club. But from 19<sup>th</sup> November 2014 we need to form our own Leg Club Committee and open our own bank account. Derek Glover from the Patient Participation Group has kindly offered to be the new Chairman. We need to recruit volunteers for the posts of Secretary and Treasurer. The posts will be supported by the Leg Club Project Manager, Amanda Brookes. There will be three meetings a year. Can you spare the time?

If so, please speak to  
Amanda Brookes on

01225 860011 or  
860016