

Registering your baby with the Practice

Before your baby can be seen by a GP or Nurse at the Practice you will need to fill in a registration form which can be obtained from reception. Please show the red child health book and your own ID to the receptionist.

Baby Health Checks & Immunisations

The Practice offers a full range of family planning services including 6/8 week development checks, postnatal checks, health visitor clinics. You will receive an invitation letter from the Practice for your baby's development checks & immunisations.

Contraception, Coil Fitting & Implants

We offer a range of contraception services including implants, injections, pills, coil fittings, cap fittings and the provision of emergency contraception. Please contact reception if you wish to make an appointment.

Useful Websites

Department of Health – The Pregnancy Book www.dh.gov.uk

BPAS – British Pregnancy Advisory Service www.bpas.org

Food Standards Agency
www.eatwell.gov.uk/agesandstages/pregnancy

Disability, Pregnancy and Parenthood
www.dppi.org.uk

Childhood Immunisations Schedule:

Please bring your red child health book to each appointment

Age	Advised Immunisations
2 months	Tetanus, Diptheria, Whooping Cough, Polio, Rotavirus Hib & Pneumococcus. Men B
3 months	Tetanus, Diptheria, Whooping Cough, Polio, Rotavirus Hib & Meningitis C
4 months	Tetanus, Diptheria, Whooping Cough, Polio, Hib and Pneumococcus. Men B
12 – 13 months	Hib, Meningitis C, Mumps, Measles, Rubella and Pneumococcus. Men B
3-5yrs Pre-School Booster	Tetanus, Diptheria, Whooping Cough, Polio & MMR

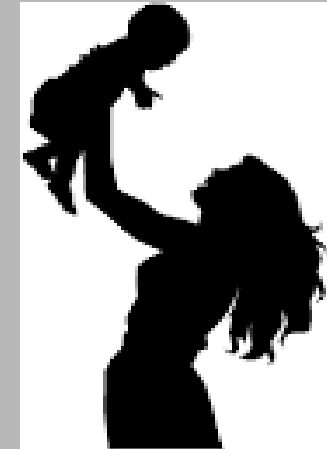
Child Immunisation Co-ordinator for the Practice

Stephanie Fairlie - Tel: 01225 866611



**BRADFORD ON AVON &
MELKSHAM HEALTH
PARTNERSHIP**

Maternity Services



www.boamhp.co.uk

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Do you think you are pregnant?

If you suspect you are pregnant there are a whole range of feelings you may be experiencing –you may be absolutely delighted but you may be absolutely terrified!

The advice below aims to guide you through the next steps to take in order for you to consider options appropriate for you.

To confirm the pregnancy

Purchase a pregnancy test kit

From your local Pharmacy, or store, and follow the instructions on the box to confirm your suspicions.

If the test is positive

Make a 'booking appointment' with the Midwife between 8 -11weeks of pregnancy.

Booking Appointment

The Midwife will give you lots of useful information. It is normal to have questions, and the Midwife is skilled and experienced in dealing with your anxieties and queries. These appointments can be up to one hour long and a blood test will be taken.

Staff involved in your care

- **Midwife** - Will see you frequently and will deliver your baby
- **General Practitioner** - Your GP is available for all aspects of your maternity care when additional support is required.

Early Pregnancy—EPAC

Royal Unit Hospital—Dept D5 (Mon-Fri 8am-9pm)
For early bleeding and pregnancies under 12 weeks

Midwife appointment contact details

Trowbridge Birthing Centre Appointments Line
Trowbridge Community Hospital
Adcroft Street
Trowbridge, BA14 8PH
Tel 01225 711314 (Mon-Thur 9am-12pm)
24 hour line Tel 01225 765840

Chippenham Birthing Centre Appointments Line
Chippenham
Rowden Hill
Chippenham, SN15 2AJ
Tel 01249 456467 (Mon—Fri 9am-1pm)

Usual appointments for low risk women

The following list aims to tell you a little bit about your care in the coming weeks and months:

- 8 -11weeks - Booking appointment/blood test
- 12 weeks - Ultrasound scan/First Trimester
- 16 weeks - Routine antenatal check
- 20 weeks - Detailed ultrasound screening
- 25 weeks - Antenatal check (Blood test if this is your 1st baby)
- 28 weeks - Antenatal check (Blood test if this is your second baby)
- 31 weeks - Antenatal check
- 34 weeks - Antenatal check and blood tests
- 36 weeks - Birth plan and antenatal
- 38 weeks - Antenatal check
- 40 weeks - Antenatal check

Do you have pregnancy concerns?

If you feel that you would like to discuss your concerns, please contact the Midwives who can triage common pregnancy complaints and can determine if you need a specialist referral, such as physio.

Common symptoms dealt with by a Midwife:

- Aches & pains
- Swollen ankles
- Headaches
- Referral i.e. Physio etc
- Back-ache

Postnatal Care

Your postnatal care will be tailored to your needs.

If there is no clinical reason for you to remain in hospital you will be encouraged to go home as you feel able. If you need to stay in hospital for longer, you may be transferred to The Maternity Unit at Chippenham Hospital or the Princess Anne Wing, Royal United Hospital in Bath.

The midwives will then visit you at home and provide instructions on bathing and caring for your baby.

