



Bradford on Avon & Melksham Health Partnership

2019 FLU PNEUMONIA & SHINGLES PATIENT INFORMATION



**Booking System Opens
1st September 2019**

**Bookings can be made
on-line saving you time!**

Register for this service TODAY!

Please provide the receptionist with proof of ID or telephone the Practice and answer some security questions.

If you prefer to telephone to complete your online registration please call in the *afternoon* when the phone lines are less busy:

01225 866611 Bradford on Avon & Melksham
01225 860003 Winsley Health Centre

SUPPORT YOUR SURGERY!

The flu season provides crucial funding for GP Practices. Please support your Surgery by having your vaccination at one of our clinics.

I had a NHS free flu vaccination in 2018 can I have it again this year?

Yes, this is normally the case but appointment staff will check if you are still entitled to a vaccination before an appointment is made.

What if I wish to decline the flu vaccination?

Every year the Surgery has to contact approximately 600 patients to see if they still wish to decline the flu vaccination.

**Please help us by letting us know
NOW if you wish to decline:**

In person—by speaking to reception or filling in a decline flu slip.

By completing the flu questionnaire via your online account.

By downloading the MJOG app (see overleaf for more details).

NEW MJOG-Surgery App for Smart phones

Patients can download the app today!

MJOG provides:

- Appointment reminders
- Instant notifications from BOAMHP
- One-click process for cancelling appointments
- Friends and Family Test survey

Please visit www.boamhp.co.uk for more information or speak to reception.



How do I know if I am at higher risk?

- **Are you over 65?**
- OR
- **Do you have Asthma?**
Restrictions apply, please read the Asthma section in this leaflet.
- **Do you have Diabetes?**
- **Do you have a Heart problem?**
- **Have you had a Stroke or TIA?**
- **Are you a carer?**
The definition of a carer is listed opposite.
- **Do you have Liver Disease?**
- **Lowered immunity due to disease or treatment?**
(steroid medication, HIV, undergoing chemotherapy, etc)
- **Kidney Disease?**
- **A problem with your spleen?** *(sickle cell disease or have had your spleen removed)*
- **Do you have COPD? Or any other chronic lung condition?**
- **Do you have a neurological condition?** *(eg MS, Cerebral Palsy or learning disability)*
- **Do you have a BMI of 40 and above?**
- **Are you a poultry worker?**
- **Are you Pregnant?**

If you answer YES to any of these questions, you are entitled to a FREE NHS flu vaccination.

For more information on who is entitled,

Which asthma patients are eligible to have the flu vaccination?

Asthma patients can have a flu vaccination if they have:

- Chronic respiratory disease
- Asthma that requires continuous or repeated use of inhaled/systemic steroids
- Previous episodes requiring hospital admission

...and what is the definition of a carer?

Any patients who are in receipt of a carer's allowance, or those who are the paid and unpaid main carer for an elderly or disabled person whose welfare may be at risk if the carer falls ill.

Flu Clinic Dates

8.30-12.30 At The Health Centre, BoA

Sat 21st September 2019 (over 65+)

Sat 5th October 2019 (over 65+)

Sat 19th October 2019 (over 65+ & children)

Friday 1st November 2019 - Superhero & Princess Themed Day! (children)

Extended Hours 18.30 onwards At The Health Centre, BoA

Every Wednesday & Thursday during October, November & December 2019 (all ages)

9.00-14.30 St Margaret's Hall, BoA (BA15 1DE)

Mon 23rd September 2019 (over 65+)

Mon 30th September 2019 (over 65+)

Mon 7th October 2019 (over 65+)

8.30-12.30 At Winsley Health Centre

Fri 27th September 2019 (over 65+)

Fri 4th October 2019 (over 65+)

Fri 18th October 2019 (over 18+)

Fri 25th October 2019 (over 65+ & children)

8.30-12.30 At St Damian's Surgery, Melksham

Sat 26th October 2019 (all ages)

9.00-14.30 Spencer Social Club, Melksham (SN12 8AG)

Thurs 26th September 2019 (over 65+)

Thurs 3rd October 2019 (over 65+)

Shingles vaccination!

People in their 70's born on or after 1st September 1942 and those aged 78 or 79 years are eligible for shingles vaccinations. If you are 70,71,72,73,74,75,78 or 79 on 1st September 2019 and have not yet had the Shingles vaccine, you can also have it now.

For more information pick up a copy of the national leaflet 'Aged 70-79?' or go to www.nhs.uk/conditions/vaccinations/who-can-have-the-shingles-vaccine/

Who needs a pneumonia injection?

You are entitled to a pneumonia injection if you are aged 2—64 years and in any of the 'at risk groups' highlighted on the previous page or patients aged 65 years and over.

Please note: You CAN have either the shingles or pneumonia injection at the same time as your flu vaccination but not all three at the same time. A separate appointment will be made four weeks later in this instance.

Child flu vaccination!

If your child is:

- **2 or 3 years old on 31st August 2019**, they are entitled to receive the flu vaccination, via a nasal spray up each nostril.
- Children aged 6m - 18 years with long term health conditions (see list of conditions on page 2)
- All primary school-aged children (***This will be given by your school provider***)

For more information pick up a copy of the national leaflet 'Protecting your child against flu?' or go to www.nhs.uk/child-flu

Private Adult Flu Vaccination

If you are **not** eligible for the free NHS flu vaccination you can still book an appointment incurring a charge of **£15.00** (*payable by cash/card/cheque in ADVANCE of your appointment*).

The Patient Participation Group (PPG)

The volunteers helping you at the flu clinics will be members of our PPG.

For further information, a PPG leaflet is available on the website and in the waiting room.