

PRACTICE NEWSLETTER

Bradford on Avon & Melksham Health Partnership

Newsletter | December 2015 | Edition 37



Monkey Wellbeing Friends and Family Test



The surgery is keen for children & young people to have the opportunity to give their views and experiences about their visit to the surgery. If possible, please could you encourage your child to fill in the feedback form and hand back to reception. There is also a prize for the best drawing (on the form) which will be announced at the next Patient Participation Group Meeting on the 8th March 2016 – see details below.

Patient Participation group (PPG)

Date of the next meeting 7pm
at the Health Centre,
Bradford on Avon - the
speaker topic will be

Hypertension

All patients

are welcome to attend

The topics for future
meetings will be:

June = Osteoporosis

Sept = Ambulance Service

*December = Indigestion &
Acid Reflux*

Electronic Prescription Service (EPS)

In November the surgery went live with the Electronic Prescription Service which enables prescribers - our GPs and Nurses - to send prescriptions electronically to a dispenser (such as a pharmacy) of the patient's choice. This makes the prescribing and dispensing process more efficient and convenient for patients and staff.

This new service has been designed to reduce the paper administration associated with current prescribing and dispensing processes by enabling prescriptions to be generated, transmitted and received electronically.

For more information please pick up a copy of the Electronic Prescription Service leaflet in the waiting room.

Christmas Opening Times 2015

During the Christmas period all Practice sites will be closed on the following Bank Holidays: Christmas Day, Boxing Day and New Year's Day

If you have a medical emergency when the Surgery is closed please telephone the Out of Hours service on 111.

For more information about the local minor injury unit, please pick up a copy of the 'minor injury leaflet' from reception.

Please note:

All surgery phone lines will be closed from 1pm on Christmas Eve. If you have a medical Emergency on Christmas Eve between 1.00pm-6.30pm, please telephone 01225 865648. Then after 6.30pm, please telephone the Out of Hours service as normal on 111.

Are you alone this Christmas - Free Christmas Dinner Wiltshire Fire & Rescue Service

Christmas Day Lunch

11am County Hall Trowbridge

To book, please telephone Trowbridge Fire Station

Tel: 01225 756500 or 07934 172734



The Doctors and staff would like to wish you & your family a Merry Christmas and a very happy & healthy New Year!

Merry Christmas



Leg Club – Another Award



The Practice is thrilled to announce that the Leg Club has won another fantastic award. The National award in the category of dermatology - well done team!

The Leg club is open every Tuesday from 9am at St Margaret's Hall, Bradford on Avon as a drop in clinic for patients who have leg ulcers & associated conditions.

Staff News

The Practice would like to welcome Isabelle Hunter, our new Foundation stage two Doctor to the Practice, who will be with us for 4 months.

Lynne Richards and Clare Harvey, two of our wonderful Emergency Nurses, will be moving on to pastures new in the New Year. We would like to thank them for their hard work and wish them the very best for the future.

Top tips for Winter 2015

Get your flu vaccination if you're at risk – Stocks are running low!

Protect yourself and your loved ones by getting your flu vaccination. Those eligible for a free vaccination are people with certain long term conditions, including children, over 65's, Carers and pregnant women. Don't worry - you can't get flu from the jab. Contact Reception to make an appointment.

You don't need to go to the GP with a cold

If you get a cold you can usually look after yourself by resting, drinking plenty of fluids to avoid dehydration and avoiding strenuous activity. Painkillers such as ibuprofen or paracetamol can relieve aches and pains. Your local pharmacy can provide advice as well as over the counter remedies and can help you decide whether you need to see a doctor.

Phone your surgery early if you need a same day response

Contact the surgery early in the day to alert us, this will enable us more time to assess your concerns.

Get your repeat prescriptions in good time before the holidays

We will be closed on Bank Holidays and not all pharmacies will be fully open either so make sure you pick up repeat prescriptions well in advance – but please do not order items that you don't need.

Remember how to contact a doctor out of hours

You can also call NHS Direct on 111 for advice 24 hours a day, 365 days a year.

Have you booked your Child flu vaccination? *Stocks running low!*

An annual nasal spray flu vaccine is being offered to all children aged two, three or four years old. It has previously been offered to children aged between 2-18 with long-term health conditions like diabetes, heart disease and lung disease. This flu vaccine is given as a single dose of nasal spray squirted up each nostril. Not only is it needle-free (a big advantage for children), the nasal spray works even better than the injected flu vaccine! It is quick and painless and will mean your child is less likely to become ill if they come into contact with the flu virus.

