



Child flu vaccination!

Age groups offered the nasal spray vaccine at the Surgery:

Children aged two & three (but not four)

Born between 1.9.2013 - 31.08.2015

(are eligible for flu vaccination in general practice)

Children of other ages with long term health conditions are already offered an annual flu vaccination (see list of conditions earlier in this leaflet).

Age groups offered the vaccine at School:

Children in school years 1, 2, 3 & 4

Born between 1.09.08 - 31.08.13

For more information pick up a copy of the national leaflet '**Protecting your child against flu**' or visit www.nhs.uk/child-flu

Flu appointment booking

When you telephone for an appointment please be aware the Receptionist will check your eligibility to have a flu vaccination based on the 'at risk' criteria.

You will be asked by the Receptionist if you know which 'at risk' area you fall into and if not, may need to check your medical record or consult with a Nurse to check your eligibility.

If you are not eligible, your appointment will be cancelled and the Nurse will telephone you, within a week, to inform you of this.

I am not eligible for a flu vaccination but I would still like one what can I do?

You can book an appointment (from 1st September) to have a private vaccination

£15.00 per vaccination

We can administer the private flu injection (not nasal) to patients over the age of 16.

Please note you will need to pay for your vaccination IN ADVANCE of your appointment.

FLU VACCINATION PATIENT INFORMATION

I had an NHS free flu jab last year, can I have it again this year?

Yes, this is normally the case but appointment staff will check if you are still entitled to a vaccination before an appointment is made.

When can I make an appointment?



Flu bookings can be taken as from 2pm on Friday 1st September 2017.

Bookings can be made online.

To register for this service, please provide the receptionist with proof of ID and you will be given a password.

If you prefer to telephone to make your appointment please call **in the afternoon** when phone lines are less busy.

Invitation Letters

As in previous years, invitation letters are not being sent to patients this year.

The Patient Participation Group

The volunteers helping you at the flu clinics will be members of our Patient Participation Group (PPG).

This group meets every three months and all patients are invited to attend.

Meeting dates are advertised in the Surgery & on the Practice website
www.boamhp.co.uk

For further information, a PPG leaflet is available on the website and in the waiting room.



How do I know if I am eligible?

- **Are you over 65?**
- OR**
- **Do you have Asthma?**
Restrictions apply, please read the Asthma section in this leaflet.
- **Do you have Diabetes?**
- **Have you had a Heart Attack?**
- **Have you had a Stroke?**
- **Do you have Heart Disease?**
- **Are you a carer?**
The definition of a carer is listed opposite.
- **Do you have Liver Disease?**
- **Immune Deficiency?**
(splenectomy, HIV, undergoing chemotherapy, etc.)
- **Kidney Disease?**
- **Do you have COPD? Or any other chronic lung condition?**
- **Do you have MS or a similar neurological condition?**
- **Are you a poultry worker?**
- **Are you pregnant?**

If you answer **YES** to any of these questions, you are entitled to a **FREE** flu vaccination on the NHS.

For more information on who is entitled, pick up the National patient leaflet: **The Flu Vaccination Winter 2017/18 - 'Who should have it and why'**

Who needs a pneumonia injection?

You are entitled to a pneumonia injection if you are in any of the 'at risk groups' above, if you are over 65 years old or born before 1st April 1953.

You **CAN** have your pneumonia injection at the same time as your flu and shingles vaccination.

Patients usually only need a single pneumonia vaccination, which will protect for life (the Nurse can advise if you need another one due to your health condition).

Please ask reception to book you an appointment.

I have asthma and I understand there are restrictions.

Asthma patients can have a flu vaccination if they have:

- Chronic respiratory disease
- Asthma that requires continuous or repeated use of inhaled/systemic steroids
- Previous episodes requiring hospital admission

...and what is the definition of a carer?

Any patient who is in receipt of a carer's allowance, or who is the main carer for an elderly or disabled person, whose welfare may be at risk if the carer falls ill.

When are the flu clinics being held?

8.30am—12.30pm At The Health Centre
Saturday 23rd September
Saturday 30th September
Saturday 14th October

8.30am—12.30pm At Winsley Surgery
Friday 22nd September
Friday 6th October
Friday 27th October

8.30am—12.30pm At St Damian's Surgery
Saturday 23rd September

Patient eligibility for Shingles vaccination!

Patients aged 70 years, plus anyone in their 70s who was born after 1 September 1942 and has not yet had the vaccine.

Patients ages 78 years, plus anyone ages 79 years old who has missed out on the vaccine.

Other age groups will be introduced in future years to ensure that all people aged 70 to 79 are offered a vaccination against shingles.

Patients aged 80 and over are not included because the vaccine seems to be less effective in this age group.

You **CAN** have your shingles injection at the same time as your flu and pneumonia vaccination.

For more information pick up a copy of the leaflet **'There's a vaccine to help protect you from the pain'** or go to:
www.shinglesaware.co.uk